



# DEMENTIA CAFE

A safe, relaxed and supportive place for you to discuss your own dementia diagnosis, or someone else's, get advice and meet other people in a similar situation

**GET IN TOUCH TODAY!**

Call **Clare Whittaker**, Café Co-ordinator  
on **07793 699141** or email Clare at  
**[clare.whittaker@greensquareaccord.co.uk](mailto:clare.whittaker@greensquareaccord.co.uk)** or  
**[dementia.cafes@greensquareaccord.co.uk](mailto:dementia.cafes@greensquareaccord.co.uk)**



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